

EXPLORING AND EXPLAINING THE WORKPLACE VIOLENCE AND BURNOUT EPIDEMICS — WHAT CAN NURSES DO?

Workplace violence is a growing epidemic in hospitals and other health care settings. Nurses and other health care workers encounter 5 to 12 times more workplace violence than workers overall in the United States. Simultaneously, nurses report extremely high rates of stress, post-traumatic stress disorder (PTSD), and burnout. Research has shown that as many as 86 percent of nurses report burnout syndrome and 22 percent of nurses have symptoms of PTSD.

This class will investigate the epidemics of workplace violence and burnout and what they mean for nurses today. Using national and state-level data and peer-reviewed literature, we will examine the relationship between the structure and management of the health care industry and risk factors for workplace violence and nurse burnout. Understanding this relationship reveals powerful structural solutions to workplace violence, stress, and burnout for nurses.

COURSE OBJECTIVES

Upon completion of this class, participants will be able to:

- ▶ Describe the epidemics of workplace violence and burnout among nurses.
- ▶ Explain the impact of workplace violence and nurse burnout on patient care.
- ▶ Discuss how direct care nurses can take steps to end the workplace violence and burnout epidemics.

INSTRUCTOR

Jane Thomason



155 Grand Avenue, Suite 100, Oakland CA 94612

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WHAT CAN NURSES DO?

FALL 2019 - WINTER 2020

City of Industry » October 16	San Jose » January 21
Garden Grove » October 17	Marina del Rey » January 23
Pasadena » November 14	Oakland » January 28
San Diego » November 15	San Rafael » February 11
Granite Bay » November 19	Vallejo » February 13
Redding » December 12	Eureka » February 20
Napa » December 13	San Francisco » February 27
Modesto » January 14	

FOR DIRECT-CARE
AND STAFF RNs —
Provided by
California Nurses
Association.
Provider approved
by the California
Board of Registered
Nursing, Provider
Number CEP754
for 6 contact hours.



DATES & LOCATIONS

All class times 9:00 am – 4:00 pm, additional hour available.

WEDNESDAY, OCTOBER 16, 2019 » CITY OF INDUSTRY

Pacific Palms Resort
1 Industry Hills Parkway
City Of Industry CA 91744

THURSDAY, OCTOBER 17, 2019 » GARDEN GROVE

Anaheim Marriott Suites
12015 Harbor Boulevard
Garden Grove CA 92840

THURSDAY, NOVEMBER 14, 2019 » PASADENA

Residence Inn by Marriott Los Angeles Pasadena/Old Town
21 West Walnut Street
Pasadena CA 91103

FRIDAY, NOVEMBER 15, 2019 » SAN DIEGO

San Diego Mission Valley
8757 Rio San Diego Drive
San Diego CA 92108

TUESDAY, NOVEMBER 19, 2019 » GRANITE BAY

Granite Bay Golf Club
9600 Golf Club Drive
Granite Bay CA 95746

THURSDAY, DECEMBER 12, 2019 » REDDING

Red Lion Hotel Redding
1830 Hilltop Drive
Redding CA 96002

FRIDAY, DECEMBER 13, 2019 » NAPA

Napa Valley Marriott Hotel
3425 Solano Avenue
Napa CA 94558

TUESDAY, JANUARY 14, 2020 » MODESTO

DoubleTree by Hilton Modesto
1050 9th Street
Modesto CA 95354

MONDAY, JANUARY 21, 2020 » SAN JOSE

San Jose Marriott
301 South Market Street
San Jose CA 95113

THURSDAY, JANUARY 23, 2020 » MARINA DEL REY

Marina del Rey Marriott
4100 Admiralty Way, Marina del Rey CA 90292

MONDAY, JANUARY 28, 2020 » OAKLAND

California Nurses Association Headquarters
155 Grand Avenue, Suite 100, Oakland CA 94612

MONDAY, FEBRUARY 11, 2020 » SAN RAFAEL

Embassy Suites by Hilton San Rafael Marin County
101 Mcinnis Parkway, San Rafael CA 94903

WEDNESDAY, FEBRUARY 13, 2020 » VALLEJO

Courtyard by Marriott Vallejo Napa Valley
1000 Fairgrounds Drive, Vallejo CA 94589

THURSDAY, FEBRUARY 20, 2020 » EUREKA

Red Lion Hotel Eureka CA
1929 Fourth Street, Eureka CA 95501

WEDNESDAY, FEBRUARY 27, 2020 » SAN FRANCISCO

JW Marriott San Francisco Union Square
515 Mason Street, San Francisco CA 94102



GENERAL INFORMATION

CNA and NNU reserve the right to substitute qualified faculty for those listed. Continental breakfast and lunch will be served.

Absolutely no recording or videotaping of courses allowed. Attendees must remain for the full class to receive CE credit (6 CEHs). Additional hour of class available from 4:00 – 5:00 p.m.

REGISTRATION & FEE INFORMATION

Register early as space may be limited and preregistration is required. Please register no later than one week before the class. Registrants should arrive 15 minutes prior to class and sign-in.

CE courses are free to California Nurses Association and National Nurses United members and student nurses. For direct-care and staff RNs. Participants will be notified by U.S. mail and by email if a course is cancelled.

MAIL, FAX, OR ONLINE REGISTRATION

Mail:

CNA/NNU
Attn: Nursing Practice/CE
155 Grand Avenue, Suite 100
Oakland CA 94612

Fax:

510-663-2761

Online:

www.nationalnursesunited.org/ce

REGISTRATION FORM

A completed form is necessary to insure registration. Please print legibly.

Name: _____

Street: _____

City: _____ Zip: _____

Day Phone/Voicemail: (_____) _____

Email: _____

Name of Employer/Facility: _____

Job Classification: _____

RN License #: _____

For processing CE certificate only.

Please register me for the class indicated below:

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