EXPLORING AND EXPLAINING THE WORKPLACE VIOLENCE AND BURNOUT EPIDEMICS — WHAT CAN NURSES DO?

Workplace violence is a growing epidemic in hospitals and other health care settings. Nurses and other health care workers encounter 5 to 12 times more workplace violence than workers overall in the United States. Simultaneously, nurses report extremely high rates of stress, post-traumatic stress disorder (PTSD), and burnout. Research has shown that as many as 86 percent of nurses report burnout syndrome and 22 percent of nurses have symptoms of PTSD.

This class will investigate the epidemics of workplace violence and burnout and what they mean for nurses today. Using national and state-level data and peer-reviewed literature, we will examine the relationship between the structure and management of the health care industry and risk factors for workplace violence and nurse burnout. Understanding this relationship reveals powerful structural solutions to workplace violence, stress, and burnout for nurses.

COURSE OBJECTIVES
Upon completion of this class, participants will be able to:

- Describe the epidemics of workplace violence and burnout among nurses.
- Explain the impact of workplace violence and nurse burnout on patient care.
- Discuss how direct care nurses can take steps to end the workplace violence and burnout epidemics.

INSTRUCTOR
Jane Thomason

WHAT CAN NURSES DO?

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FOR DIRECT-CARE AND STAFF RNs —
Provided by California Nurses Association
Provider approved by the California Board of Registered Nursing, Provider Number CEPT54 for 6 contact hours.

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WHAT CAN NURSES DO?
REGISTRATION FORM

Completed forms are necessary to ensure registration. Please print legibly.

Name: ____________________________
Street: ____________________________
City: ____________________________ Zip: __________
Day Phone/Voicemail: ____________
Email: ____________________________
Name of Employer/Facility: __________
Job Classification: ____________
RN License #: ____________________

For processing CE certificate only.

Please register me for the class indicated below:

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Venue Name</th>
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<tbody>
<tr>
<td>Oct 16, 2019</td>
<td>City of Industry</td>
<td>Pacific Palms Resort</td>
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<td>Oct 17, 2019</td>
<td>Garden Grove</td>
<td>Anaheim Marriott Suites</td>
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<tr>
<td>Nov 14, 2019</td>
<td>Pasadena</td>
<td>Residence Inn by Marriott Los Angeles Pasadena/Old Town</td>
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<tr>
<td>Nov 15, 2019</td>
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<td>Nov 19, 2019</td>
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<td>JW Marriott San Francisco Union Square</td>
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<td>Eureka</td>
<td>Red Lion Hotel Eureka CA</td>
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<td>San Francisco</td>
<td>JW Marriott San Francisco Union Square</td>
</tr>
</tbody>
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GENERAL INFORMATION
CNA and NNU reserve the right to substitute qualified faculty for those listed. Continental breakfast and lunch will be served.

Absolutely no recording or videotaping of courses allowed. Attendees must remain for the full class to receive CE credit (6 CEHs). Additional hour of class available from 4:00 – 5:00 p.m.

REGISTRATION & FEE INFORMATION
Register early as space may be limited and preregistration is required. Please register no later than one week before the class. Registrants should arrive 15 minutes prior to class and sign-in.

CE courses are free to California Nurses Association and National Nurses United members and student nurses. For direct-care and staff RNs. Participants will be notified by U.S. mail and by email if a course is cancelled.

MAIL, FAX, OR ONLINE REGISTRATION

Mail: CNA/NNU
Attr: Nursing Practice/CE
155 Grand Avenue, Suite 100
Oakland CA 94612
Fax: 510-663-2761
Online: www.nationalnursesunited.org/ce

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