

# EXPLORING AND EXPLAINING THE WORKPLACE VIOLENCE AND BURNOUT EPIDEMICS — WHAT CAN NURSES DO?

Workplace violence is a growing epidemic in hospitals and other health care settings. Nurses and other health care workers encounter 5 to 12 times more workplace violence than workers overall in the United States. Simultaneously, nurses report extremely high rates of stress, post-traumatic stress disorder (PTSD), and burnout. Research has shown that as many as 86 percent of nurses report burnout syndrome and 22 percent of nurses have symptoms of PTSD.

This class will investigate the epidemics of workplace violence and burnout and what they mean for nurses today. Using national and state-level data and peer-reviewed literature, we will examine the relationship between the structure and management of the health care industry and risk factors for workplace violence and nurse burnout. Understanding this relationship reveals powerful structural solutions to workplace violence, stress, and burnout for nurses.

## COURSE OBJECTIVES

Upon completion of this class, participants will be able to:

- ▶ Describe the epidemics of workplace violence and burnout among nurses.
- ▶ Explain the impact of workplace violence and nurse burnout on patient care.
- ▶ Discuss how direct care nurses can take steps to end the workplace violence and burnout epidemics.

## INSTRUCTOR

Jane Thomason



155 Grand Avenue, Suite 100, Oakland CA 94612

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# EXPLORING AND EXPLAINING THE WORKPLACE VIOLENCE AND BURNOUT EPIDEMICS

## WHAT CAN NURSES DO?

### FALL 2019 – WINTER 2020

City of Industry » October 16	Modesto » January 14
Garden Grove » October 17	San Jose » January 21
Pasadena » November 14	Marina del Rey » January 23
San Diego » November 15	Oakland » January 28
Granite Bay » November 19	San Rafael » February 11
Redding » December 12	Vallejo » February 13
Napa » December 13	San Francisco » February 27

FOR DIRECT-CARE  
AND STAFF RNs —  
Provided by  
California Nurses  
Association.  
Provider approved  
by the California  
Board of Registered  
Nursing, Provider  
Number CEP754  
for 6 contact hours.



**DATES & LOCATIONS**  
*All class times 9:00 am – 4:00 pm, additional hour available.*

**WEDNESDAY, OCTOBER 16, 2019 » CITY OF INDUSTRY**  
Pacific Palms Resort  
1 Industry Hills Parkway  
City Of Industry CA 91744

**THURSDAY, OCTOBER 17, 2019 » GARDEN GROVE**  
Anaheim Marriott Suites  
12015 Harbor Boulevard  
Garden Grove CA 92840

**THURSDAY, NOVEMBER 14, 2019 » PASADENA**  
Residence Inn by Marriott Los Angeles Pasadena/Old Town  
21 West Walnut Street  
Pasadena CA 91103

**FRIDAY, NOVEMBER 15, 2019 » SAN DIEGO**  
San Diego Mission Valley  
8757 Rio San Diego Drive  
San Diego CA 92108

**TUESDAY, NOVEMBER 19, 2019 » GRANITE BAY**  
Granite Bay Golf Club  
9600 Golf Club Drive  
Granite Bay CA 95746

**THURSDAY, DECEMBER 12, 2019 » REDDING**  
Red Lion Hotel Redding  
1830 Hilltop Drive  
Redding CA 96002

**FRIDAY, DECEMBER 13, 2019 » NAPA**  
Napa Valley Marriott Hotel  
3425 Solano Avenue  
Napa CA 94558

**TUESDAY, JANUARY 14, 2020 » MODESTO**  
DoubleTree by Hilton Modesto  
1050 9th Street  
Modesto CA 95354

**MONDAY, JANUARY 21, 2020 » SAN JOSE**  
San Jose Marriott  
301 South Market Street  
San Jose CA 95113

**THURSDAY, JANUARY 23, 2020 » MARINA DEL REY**  
Marina del Rey Marriott  
4100 Admiralty Way  
Marina del Rey CA 90292

**MONDAY, JANUARY 28, 2020 » OAKLAND**  
California Nurses Association Headquarters  
155 Grand Avenue, Suite 100  
Oakland CA 94612

**MONDAY, FEBRUARY 11, 2020 » SAN RAFAEL**  
Embassy Suites by Hilton San Rafael Marin County  
101 Mcinnis Parkway  
San Rafael CA 94903

**WEDNESDAY, FEBRUARY 13, 2020 » VALLEJO**  
Courtyard by Marriott Vallejo Napa Valley  
1000 Fairgrounds Drive  
Vallejo CA 94589

**WEDNESDAY, FEBRUARY 27, 2020 » SAN FRANCISCO**  
JW Marriott San Francisco Union Square  
515 Mason Street  
San Francisco CA 94102



**GENERAL INFORMATION**

CNA and NNU reserve the right to substitute qualified faculty for those listed. Continental breakfast and lunch will be served.

Absolutely no recording or videotaping of courses allowed. Attendees must remain for the full class to receive CE credit (6 CEHs). Additional hour of class available from 4:00 – 5:00 p.m.

**REGISTRATION & FEE INFORMATION**

Register early as space may be limited and preregistration is required. Please register no later than one week before the class. Registrants should arrive 15 minutes prior to class and sign-in.

CE courses are free to California Nurses Association and National Nurses United members and student nurses. For direct-care and staff RNs. Participants will be notified by U.S. mail and by email if a course is cancelled.

**MAIL, FAX, OR ONLINE REGISTRATION**

**Mail:**  
CNA/NNU  
Attn: Nursing Practice/CE  
155 Grand Avenue, Suite 100  
Oakland CA 94612

**Fax:**  
510-663-2761

**Online:**  
[www.nationalnursesunited.org/ce](http://www.nationalnursesunited.org/ce)

**REGISTRATION FORM**

*A completed form is necessary to insure registration. Please print legibly.*

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone/Voicemail: (\_\_\_\_\_)\_\_\_\_\_

Email: \_\_\_\_\_

Name of Employer/Facility: \_\_\_\_\_

Job Classification: \_\_\_\_\_

RN License #: \_\_\_\_\_  
*For processing CE certificate only.*

Please register me for the class indicated below:

- ☐ City of Industry » October 16, 2019
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- ☐ Pasadena » November 14, 2019
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